

# ITALY

## PT and Rehabilitation in Italy

PTH 799 (1 Credit)

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Tentative Travel Dates: April 27 - May 11, 2024

Estimated Travel Fee: \$3,600 (flights not included)

### DAY 1 | Depart U.S.

Arrange for your flight to leave the U.S. and arrive in Florence, unless you are traveling before the program start date.

### DAY 2 | Florence

Arrive in Florence and check into your hotel. You will have time to rest up and explore the historic sites.

### DAY 3 | Florence

Today you will meet with the Italian OT and PT association leaders and visit local clinics and other healthcare facilities. You will also attend a guided gallery walk about the human body, health, and disability in art.

### DAY 4 | Siena

After free time in the morning, you will take an afternoon train to Siena. After check-in, enjoy a walking tour of historic Siena and a group welcome dinner.

### DAY 5 | Siena

Take an Italian cooking class, where you will learn to make pasta. In the afternoon, you will travel to the walled medieval town of San Gimignano, a UNESCO World Heritage site, where you will have dinner at a Tuscan restaurant.

### DAY 6 | Siena

At the University of Siena – founded in 1246 and one of the oldest universities in the world – you will visit the PT and OT programs to meet with students and faculty. You will also participate in a service activity at a local organization that serves people with disabilities. wheelchair and prosthetics distribution.

## Sample Itinerary

### DAY 7 | Siena

Visit Santa Maria della Scala, the oldest hospital in Italy. Today it is a museum complex, housing numerous exhibitions of ancient and contemporary art.

### DAY 8 | Lucca

Depart Siena and take a morning train to Lucca. Your afternoon will be free, and you may visit the famous Leaning Tower of Pisa or attend a concert.

### DAY 9 | Biella

After a free morning, you will drive to Biella, in the foothills of the Alps.

### DAY 10 | Biella

Today you will observe unique therapies and treatments at a local rehabilitation clinic.

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### DAY 12 | Biella

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### DAY 13 | Milan

Travel to Milan for clinical and cultural activities.

### DAY 14 | Milan

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### DAY 15 | Depart Italy

Transfer to airport and return to the United States.

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